

**Monthly Newsletter** 



MONTH - OCTOBER AND NOVEMBER | ISSUE - 05 | YEAR - 2022

#### FROM THE DIRECTOR'S (OP) DESK



#### Mr. Rishi Kochhar

Director (OP)

### "Community is about doing something together that makes belonging matter". ~ Brian Solis

Dear Parents and Guardians,

A Warm Greeting To All Of You,

We, at Cambridge International School, ensure high quality education which motivates and empowers our students to be lifelong learners and productive members of the society. At CIS, education is not just the amount of information that is put into a child's brain. Our education system is the one that cater the individual needs of our students.

We want all our students to achieve their full potential. Our task is to make it possible and our mission is to provide a platform for the same.

Success for all students is ensured at our school by the delivery of an enriching, child centred, balanced and structured curriculum and a whole school focus on student welfare that focuses on the positive recognition of student achievements

We truly have a fantastic school with a supportive and involved parent community, dedicated and highly skilful staff, excellent resources and buildings and the most fantastic students to work with. We are very sure that with the help of all the stakeholders and with their continuous support, we will be able to take our school to the next highest level of excellence. At our end, we shall continue working with you for the best interests of our beloved students and our community at large.

Our commitment to our community is to lead the school with enthusiasm and passion to enable us to reach our goals. Let us work together to make CIS as the best school, it can be. We look forward to welcoming you to be part of our vibrant learning community.

"Let noble thoughts come to us from every side"



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#### PRINCIPAL'S MESSAGE



### "Education is our passport to the future, for tomorrow belongs to those who prepare it for today " by Malcolm .X

Dear parents, children and well wishers,

Warm greetings to all from the family of Cambridge International School, Gurdaspur. it gives me immense pleasure to share my vision with you all learning is not a process limited to classrooms libraries laboratories only nor does it and with the conclusion of one's career it is never ending process. our school is oriented to provide the opportunities for the complete mental physical and emotional development of the young minds in conductivity atmosphere. we also believe in inculcating human values in order to brace them for the future and to prepare them as enlightened citizens of India. our team is taking pain for making education an enjoyable process and not an imposed dull and monotonous process . we are working as a team towards excellence with all the conviction and commitment but we always welcome your valuable suggestions for improvement to conclude I would like to quote Michael Jordan "Talent wins games, but team work and intelligence win championships." so let's join hands to magnify the success of institution.

with best wishes to all.







#### **SCHOOL NEWS**

During the month of October 2022, The Cambridge International School conducted variety of activities for Nursery to XI

The main aim was to give children an opportunity to learn unlearnt skills and show their hidden talent.

#### **OBJECTIVES**

To enhance self-esteem and the ability to value each person's own worth through a happy, caring, enriching and secure environment.

- To develop an awareness of self and self-confidence.
- To develop sensitivity to others.
- To develop self-discipline.
- To develop self-esteem.
- To develop acceptable behaviour.
- To develop cooperation.

#### CELEBRATIONS & ACTIVITIES

#### **School Assembly**

The morning assembly in CIS begins with a prayer followed by five- minute meditation. The students stand in rows class-wise. The assembly presentation is done section-wise on a theme stated in students' handbook. The students read out quotations, deliver speeches or enact a role play on the given time. The assembly concludes with the National Anthem. teachers also addresses the students from time to time either on important occasions or to disseminate information about different issues.



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#### **GANDHI JAYANTI**

Cambridge international school, Gurdaspur celebrated Gandhi jayanti. On this day the special assembly was conducted in the school in which students performed various activities. They showcased "Dhandi March Movement" also students from different classes gave speeches.





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#### **GARBHA EVENING**

Every year 5th September is celebrated as the birth anniversary of Dr. Sarvepalli Radhakrishnan who was a great teacher, President of India, and above all a great teacher. Teacher's Day is celebrated as a tribute or thanks to all the teachers who helped their students

by encouraging them to walk on the noble path to achieve something in life.



#### **GARBA CELEBRATION**



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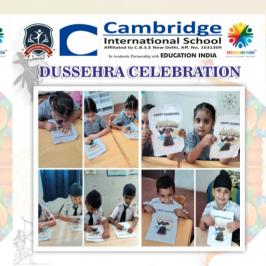


#### **DUSSEHRA CELEBRATION**

Students at Cambridge International School in Gurdaspur celebrated Dussehra. Students in kindergarten section participated in colouring and craft activity. Teachers also told them about this festival and why we celebrate it before Diwali. They also learnt that always speak the truth.

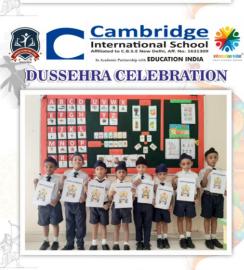


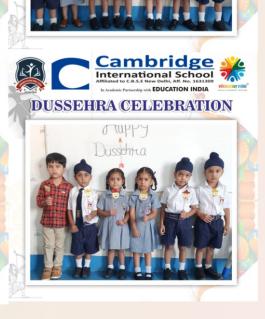






Cambridge





Cambridge

International School
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DUSSEHRA CELEBRATION



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#### HANDWASH ACTIVITY

Students at Cambridge International School in Gurdaspur celebrated Handwash Day. The main aim was to raise awareness about the benefits of washing the hands with soap. Students spoke some slogans on it & also were taught how to use a hand sanitizer.











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#### **NATIONAL POST DAY**









It Was A Proud Moment When The Girls And The Boys Athletics Team (Under-14, Under-17) Bagged 22 Medals In The Zonal Tournament. The Girls Team Bagged 7 Medals And The Boys Team Bagged 15 Medals.



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#### INTER HOUSE DEBATE COMPETITION

It Promotes problem solving and innovative thinking and helps students to build links between words and ideas that make concepts more meaningful. CAMBRIDGE INTERNATIONAL SCHOOL, GURDASPUR conducted INTER HOUSE DEBATE COMPETITION and the main aim was to teach to synthesize wide bodies of complex information and to exercise creativity and implement different ways of knowing.

















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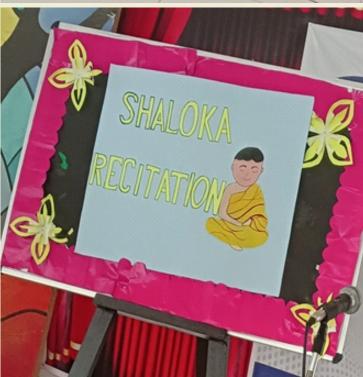
#### SHALOKA RECITATION ACTIVITY

Chanting shlokas everyday lowers blood pressure, normalizes heart beat rate, brain wave pattern, adrenalin levels and even reduces high cholesterol levels.

Today in Cambridge international school, Gurdaspur the Shaloka recitation Activity was conducted and to teach the students that it helps in learning other language as well as it keeps your mind calm and flexible.











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#### **MIC DROP (SINGING)**

Singing is important because it builds self confidence, promotes self-esteem, always engages the emotions, promotes social inclusion, supports social skill development and enables young people of different ages and abilities to come together successfully to create something special in the arts to teach students the importance of singing cambridge international school gurdaspur organized a MIC DROP (Singing) activity. Students participated in the activity enthusiastically.







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#### **ECO-FRIENDLY DIWALI**

The students of Cambridge international school, Gurdaspur launched mission "Green Diwali" in which students from class 6th to 11th visited the shops, Government offices, Residential areas, Malls etc and distributed holy basil (Tulsi) plants in the city alongwith cards to spread awareness about eco-friendly Diwali. It was a learning experience which enhanced the students social skills. People appreciated the initiative.

























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#### **DIWALI CELEBRATION**

Diwali, the festival of spiritually signifies the victory of light over darkness, knowledge over ignorance, good over evil, and hope over despair.

Diwali was celebrated at CAMBRIDGE INTERNATIONAL SCHOOL, GURDASPUR enthusiastically by students and teachers. Students made Diyas to bring in lightness of success and happiness. students were sensitized towards the importance of celebrations and their morals. The students portrayed their expressions through art and craft . There was an inter class Rangoli competition.







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#### **Congratulations Congratulations**

We are happy to share that Diljaanpreet singh X class bagged gold medal in Discus throw under-17 and Sehbaz Singh VII class bagged gold medal in 400 meter race under-14 in District level games .







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#### HALLOWEEN DAY CELEBRATION

It is believed that on Halloween day, the souls of the dead returned to their homes, so people dressed in costumes and lit bonfires to ward off spirits. We celebrated Halloween Day in Cambridge International School with full of excitement . All the kids looked very happy wearing halloween caps and masks . Students participated with great enthusiasm in dressing up for Halloween.





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#### **GURUPURAB CELEBRATION**

Gurpurab is observed to commemorate the birth anniversary of Guru Nanak Dev Ji, the founder of Sikhism. Every year, the festival of Guru Nanak Jayanti falls on the full moon date of the Kartik month (Kartik Purnima) and is celebrated with full grandeur and enthusiasm by Sikhs all across the globe. Today GURPURAB was celebrated in CAMBRIDGE INTERNATIONAL SCHOOL, GURDASPUR. In which students recite the Mool Mantra and Shabad and did kirtan. A Langar was organised for staff and students.











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#### GOLD MEDAL IN DISTRICT LEVEL COMPETITION

A healthy body is a keeper of a healthy mind. Keeping this in mind we at CAMBRIDGE INTERNATIONAL SCHOOL, GURDASPUR pay special attention on sports activities. We are happy to share the achievement of our budding athlete Sehbaz singh Grade-VII who bagged a gold medal in 4X100 meter relay in the district level competition at Gurdaspur and two silver and a bronze medal in an event organised at harchowal.





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#### **SCHOOL AUDIT**

School auditwas done by Mrs. Sangeetha from Education india and after that a session was conducted with staff. It was a learning experience for everyone.









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#### **CO- CURRICULUM ACTIVITIES IN SCHOOL**

Talented students of CAMBRIDGE INTERNATIONAL SCHOOL, GURDASPUR in action during their activity periods.















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#### TRIP TO GOLDEN TEMPLE

Trip to GOLDEN TEMPLE Trip to GOLDEN TEMPLE of students from Grade- VI to XI was conducted on 12-11-2022













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#### CHILDREN'S DAY CELEBRATION

Children's Day is celebrated across India to raise awareness about the rights, education, and welfare of children. It is celebrated on 14 November every year on the birthday of the First Prime Minister of India, Pandit Jawaharlal Nehru, who was known to have been fond of children. On this day, many educational and motivational programs for children are held all over India.

Today Children's day was celebrated in the school. Special assembly was conducted along with fun games for the students. Sweets were distributed among the students.





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#### INTER-SCHOOL DANCE AND MUSIC COMPETITION

Students of Cambridge International School Participated in Inter School Fest on 11-Nov-2022 organized by S.D.College, Gurdaspur. more than 22 Schools Participated in the Fest. Our Group Song team bagged the 3rd position, the girls Bhangra team bagged the 2nd position, Ms.Sanamdeep Sandhu bagged the 2nd position in solo dance and Anika Gupta of GRADE - X was awarded the best singer award & bagged 1st position in solo song.











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#### " BHARAT KO JANO" QUIZ COMPETITION

Congratulations to the proud parents and CIS team as Gurleen kaur Grade-X and Sukhmanpreet Singh Grade- IX bagged 2nd position out of 16 Schools in "Bharat ko jano" Quiz competition held at D. A. V. School.











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#### **TEACHER'S TRAINING SESSION**

A training session was conducted by Mr. Bercmans David from Education India on Effective classroom teachings & Unique Educational practices. It was a great learning experience and very motivating.







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# KARATE COMPETITION WAS HOSTED BY CAMBRIDGE INTERNATIONAL SCHOOL, GURDASPUR.

District Gurdaspur karate competition was hosted by Cambridge international school, Gurdaspur.

More than 150 students participated in the event. Our students bagged 8 Gold, 7 Silver and 3 Bronze medals in the event. Mr. Lakhwinder Singh Deputy D.E.O was the Cheif guest and Dr. Gurinderpal Singh (Hind Ratan) was the Guest of Honour. Chairman Mr. Nirmal Singh Honoured the participants and officials.







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#### **CONSTITUTION DAY CELEBRATION**

Today marks the significance of the constitutional values among the citizens of India and also, to bring awareness of the importance of the Indian Constitution and its architect, Dr. BR Ambedkar. Today in Cambridge international school, gurdaspur students took the pledge to uphold the values of and to our duties as mentioned in the constitution of India which was adopted on 26th November 1949.







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#### STUDENT'S TALK

My name is Ytansh Sharma.

I am a student of Cambridge International School, Gurdaspur. I am studying in 7th standard. My experience with Cambridge is great. All teachers and staff are professional, helpful, kind and friendly. I am lucky to be in Cambridge. They always try to bring activities for the students and encourage them to interact. My classmates are kind and generous. I learned a lot and I really enjoyed myself! Thank you.



Ytansh Sharma Grade- VII

#### PARENT'S TALK

I Deepak mother of Arpana +1 Grade (Medical) students. i am proud to be a part of this esteemed institution. Cambridge International school Gurdaspur has made a great and positive impact on my child . the school has excellent staff and environment. The classes are well organised where students can share ideas and learn. strong leadership, good teaching and a nurturing environment. we are looking forward for another fantastic and productive year ahead.





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#### TEACHER'S TALK

I am Monika mother of Mukul Mehra, studing in Cambridge International School. He is doing good in studies and activities. He learns many things from school. He becomes good observer and active participant. All the credit goes to school. They makes the students feel comfortable to ask questions. I am glad that I have choose a better environment for my ward for study and all other activities too.



Ms. Monika